**HOW TO CHOOSE A CONFIRMATION SAINT NAME**

*For the sacrament of Confirmation, you must choose a Confirmation Name. The reason is to understand that you are a new creation in Christ, you belong to the Mystical Body of Christ, and to realize that you are called to be a saint too. The saint that you choose is to be a friend in Heaven to you, someone you can go to and ask for prayers.*

**You have 2 ways to choose your Confirmation name:**

1. Choose one of your present names (if it is a saint name)

*This shows the confirmation’s connection with your baptismal name (if you are baptized).*

*Choosing your baptismal name is a way to show that you feel there has been a continual growth in your faith.*

1. Choose a saint’s name that represents a new beginning in your faith life and a connection to that particular Saint.

*If you have not been strong in your faith and are now going through a strong conversion, the taking of a new name symbolizes this change. \*This new name could be added legally after your present middle name and before your family name.*