

Service Hours

Service Hours with Experience Forms are to be completed by March 8, 2020.

"Rather, whoever wishes to be great among you will be your servant; whoever wishes to be first among you will be the slave of all. For the son of man did not come to be served but to serve and to give his life as a ransom for many."

-Mark 10: 43-45

Growing in faith and appreciation for our Church community takes time and effort. Candidates are required to complete 10 Church Community Hours and 20 Spiritual Hours by March 8th, 2020. These hours are in place to help students grow in understanding of what a church community is and why giving of their time and talent back to God is important. Spiritual Hours are in place to help the candidate spend time with God, grow in their relationship with God, and understanding of who God is in their life.

After you complete a Service Hour, whether it be Spiritual or Church Community, you will need to fill out a Service Experience Form (see attached) and hand it in at class. We have provided some examples of how you can fulfil the hours on the next page. If you have questions on an activity or are unsure if it counts, please ask Christy or Bonnie. If you would like to sign up to help at a church function or ministry, you need to follow the same guidelines as any other member of the Church.

We are here to help in any way we can. This isn't another hurdle, or hoop to jump through, but a way for candidates to understand first-hand how rewarding of an experience quiet time with God is, helping at a church function, or watching younger kids learn about their faith. A service to your faith community ends up being a bigger service to yourself.

"He summoned the twelve and began to send them out two by two..."

-Mark 6:7

We are a church, we make up a community. It is very enjoyable to pray, worship, and volunteer with friends and family. Get your family involved and decide to do things together. Text, snap, or call your Fellow Friend in the Faith and find something to do together. Jesus didn't send them out by themselves, they got sent out two by two.

Here are some examples of how you can complete the hours:

Spiritual (No more than five hours can come from any one example given. We want you to venture into different ways of Spiritual Growth to make these hours as rewarding as possible! Unless denoted differently, each example counts as one Spiritual Hour.)

- Participate in Youth Pizza Nights or other Youth activities in the Church.
- Spend an hour in Adoration
- Spend an hour reading the bible and reflecting on it
- Check out a book from the Church Libraries, write a summary of the book, turn in the summary with your Service Experience Form.
- Read about a Saint and write a summary on what you learned and why that person became a Saint, turn it in at class
- Participate in Totus Tuus this Summer (Each day attended counts as one hour)
- Participate in Steubenville this summer (Attending the conference counts as 5 hours)
- Choose a Ministry you want to participate in at Church (Lector, Greet, Usher, Altar Server Choir, etc. No more than 5 hours can come from participating in Church ministries.)
- Attend Stations of the Cross during Lent
- Attend Faith Talks with Uncle Fred
- Check out a Catholic Lighthouse Media CD. Listen to it, write a summary on it, and turn in the summary with your Service Experience Form.
- Attend Cor Jesu at our church or another church.
- Check out a video study from the church, online or DVD, write a summary of it and what you learned about your faith, turn it in with your Service Experience Form.

Church Community

- Help with Church Events (Sub Sales, Valley Days, Youth Breakfasts, Kraut N'Wurst Days, Parish Dinners, Fish Fry, etc)
- Help with Church Maintenance
- Become an aide for St. Anthony's Religious Ed classes on Wednesday nights (this is open to both Assumption and St. Anthony students.) Each class you help with, counts as an hour.
- Volunteer for VBS during the summer (Each day you are there counts as an hour)
- Sign up to help with Children's Liturgy (4:00pm Mass at EV and 10:00am Mass at WAT)
- Visit the homebound or elderly in the Nursing Home
- Volunteer to help with the Christmas Pageant
- Volunteer to help with Faith and Fun days after school